SCREENING BREAST ULTRASOUND A patient guide

BENEFITS OF SCREENING BREAST ULTRASOUND

- Supplemental to mammography
- Beneficial for imaging dense breasts
- Noninvasive
- No radiation





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What is an Screening Breast Ultrasound?

Screening Breast Ultrasound uses sound waves to create images of the breasts and is a supplemental exam to screening mammography. It can detect some breast abnormalities that are not visible on routine mammography. It does not replace annual screening mammogram.

Who qualifies for the exam?

You would be a good candidate for the Screening Breast Ultrasound if you meet the following criteria:

- You have had a routine mammogram in the past 12 months with a normal result
- Dense breast tissue indicated on your mammogram result letter
- Would like testing beyond a screening mammogram
- An order from your referring physician is required

Note: Patients with an above average risk of breast cancer should talk to your provider about a standard Breast MRI. Insurance coverage varies please verify coverage prior to your exam.

During the exam

You will lie on your back on the examination table and will alternately raise your arms above your head. The sonographer will apply gel and use a transducer to scan both of your breasts. The exam should last approximately 45 minutes.

Follow-up

A dedicated breast imaging radiologist will interpret your ultrasound images and the results will be available to you and your primary care provider.