# SCREENING BREAST ULTRASOUND A patient guide

#### BENEFITS OF SCREENING BREAST ULTRASOUND

- Supplemental to mammography
- Beneficial for imaging dense breasts
- Noninvasive
- No radiation





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## What is an Screening Breast Ultrasound?

Screening Breast Ultrasound uses sound waves to create images of the breasts and is a supplemental exam to screening mammography. It can detect some breast abnormalities that are not visible on routine mammography. It does not replace annual screening mammogram.

#### Who qualifies for the exam?

You would be a good candidate for the Screening Breast Ultrasound if you meet the following criteria:

- You have had a routine mammogram in the past 12 months with a normal result
- Dense breast tissue indicated on your mammogram result letter
- Would like testing beyond a screening mammogram
- An order from your referring physician is required

Note: Patients with an above average risk of breast cancer should talk to your provider about a standard Breast MRI. Insurance coverage varies please verify coverage prior to your exam.

#### During the exam

You will lie on your back on the examination table and will alternately raise your arms above your head. The sonographer will apply gel and use a transducer to scan both of your breasts. The exam should last approximately 45 minutes.

### Follow-up

A dedicated breast imaging radiologist will interpret your ultrasound images and the results will be available to you and your primary care provider.